



PINES ACADEMY
INTERNATIONAL

Idioms Guide 1



English as a
Foreign
Language

Introduction

Idioms Guide 1 is a Level 4 one-on-one class containing 20 units of idiomatic expressions listed under various themes. The book also includes 3 units for phrasal verbs. The meaning of the idioms and the phrasal verbs are not included in the student's copy in order to test the student's creative thinking and comprehension of the dialogues, articles, and sentences containing idioms for the theme. The themes contain the following parts.

The first part is the reading aloud part of the unit. It may contain a dialogue, a number of sentences, or an article that uses the idioms for the theme. The teacher has to check the student's pronunciation, stress, intonation, and speed to improve his/her reading aloud skill. The idioms contained in the articles or dialogs are based on the title. The meanings of the idioms are designed to be tackled as a discussion, which means that there should be an exchange of ideas between the teacher and the student. Activities are provided to guide the student in trying to guess the meaning of the idiom. The teacher must lead the students in understanding the idiom. The meaning must not be given right away. The student has to try to understand the idiom through the context of the sentences and through the pictures strategically placed in the page.

Speaking and writing activities are provided in the latter part of the lesson in order for the student to apply and practice the use of the learned idioms.

As for the units containing the phrasal verbs, the student is required to write sentences for each of them. This is done after the teacher lectures the meaning of the phrasal verbs.

Unit 1: Describing Moods 1



Idioms are an **essential part** of **everyday English**. They **come up all the time**. They are present in **written** and **spoken English**. Learning them may seem like a lot of work, but it sure is **fun** to use them. You will surely **sound like a native speaker** if you use idioms in your English. Because idioms **don't** always **make sense literally**, you'll need a **good imagination** and a **good memory** to learn them.

Read the following article and try to guess the meaning of the idioms. Have fun!

Welcome to PIA where students are always **walking on air** because the classes here are fun and interesting. The teachers are funny and they **have good heads on their shoulders**. No matter what happens, they will never **look down in the dumps**. Sure there are some students who don't always do their



homework or come to class late. However, PIA teachers will always **keep a cool head** and will not **be in a bad mood**. Sometimes, the classes are too challenging and you might feel **dead tired** or **dead on your feet**. Sometimes, you might feel like you **could eat a horse**, because you might have no time for a snack. Sometimes, you might be **shaking in your boots**, because you have to present in class. Some students are really **scared stiff** whenever they have to speak in front of a crowd. On the other hand, you might usually be **on top of the world**, especially on Fridays. Passing the tests will make you **swell with pride**. And you will be **keeping your chin up** when you graduate, because you know, yourself, that you have done your best. Now, don't **get carried away** yet. You will soon use as many idioms as you can in an article like this.

IDIOMS GUIDE 1

I. What do the idioms probably mean? Try to guess the meaning by understanding the context of the article.

Idioms	Meaning and Sentences
Walking on air	
Have good heads on one's shoulders	
Look down in the dumps	
Keep a cool head	
Be in a bad mood	
Dead tired	
Dead on one's feet	
Could eat a horse	
Shaking in one's boots	
Scared stiff	
On top of the world	
Swell with pride	
Keep one's chin up	
Get carried away	

II. Answer the following speaking tasks. Use the idioms you've learned.

1. Tell a story in which you were **on top of the world**.
2. Name a person you know who has a **good head on his/her shoulder**. Elaborate.
3. Tell a story where you were **shaking in your boots**.
4. Use **swell with pride** and **keep one's chin up** in sentences.
5. Tell a story in which you **got carried away**.