



PINES ACADEMY
INTERNATIONAL

Idioms Guide 2



English as a
Foreign
Language

INTRODUCTION

Idioms Guide 2 is a Level 5 one-on-one class containing 20 units of idiomatic expressions listed under various themes. The book also includes 3 units for phrasal verbs. The meaning of the idioms and the phrasal verbs are not included in the student's copy in order to test the student's creative thinking and comprehension of the dialogues, articles, and sentences containing idioms for the theme. The themes contain the following parts.

The first part is the reading aloud part of the unit. It may contain a dialogue, a number of sentences, or an article that uses the idioms for the theme. The teacher has to check the student's pronunciation, stress, intonation, and speed to improve his/her reading aloud skill. The idioms contained in the articles or dialogs are based on the title. The meanings of the idioms are designed to be tackled as a discussion, which means that there should be an exchange of ideas between the teacher and the student. Activities are provided to guide the student in trying to guess the meaning of the idiom. The teacher must lead the students in understanding the idiom. The meaning must not be given right away. The student has to try to understand the idiom through the context of the sentences and through the pictures strategically placed in the page.

Speaking and writing activities are provided in the latter part of the lesson in order for the student to apply and practice the use of the learned idioms.

As for the units containing the phrasal verbs, the student is required to write sentences for each of them. This is done after the teacher lectures the meaning of the phrasal verbs.

Unit 1: Describing Places

If you can't speak the language, you cannot join in. Idioms are an essential part of joining in. They are mostly used in speaking, but they are also commonly heard in listening files, read in articles, and used by writers. Clarity can sometimes be a burden, because the meaning of the words individually mostly don't relate to the meaning of the idiomatic expression as a whole. However, they strengthen fluency in using English. So, learn idioms and other expressions, have the confidence to use them, and join in. Read the following article and try to guess the meaning of the idioms. Have fun!



Did you know that **Baguio City** is considered the **Summer Capital of the Philippines**? Why do you think it is given such a nickname? Well, here are some tidbits that might help you **make heads or tails** of the captivating name. Baguio City may seem like it's in the **middle of nowhere**, because you literally have to climb mountains just to reach it. Nevertheless, it is not

actually a remote area for the reason that when you arrive here, you will be welcomed by the **hustle and bustle** of the city built on mountains. The overall feeling of this fascinating city is pure excitement. People walk by here and there with smiles on their faces. Cars and jeepneys roar as they pass by the streets. You can see some families having picnics in parks, youngsters rehearsing their dances in covered courts, some athletes playing in sports fields, and many tourists looking like they don't know where they are going. It surely is a **hive of activity**, because so many things are happening during the day. In contrast, this city sleeps at night. Although there are some places to go like pubs and clubs, there aren't any **red light districts** here. Perhaps one reason is that there are so many college students who choose to study in one of the many colleges and universities within the city. It has a young population. It's quite quiet at night, but it's okay to walk around and feels completely safe. Speaking of walking, if you're lucky you might find a **middle-of-the-road** café while walking around the city. It might not be that appealing to most people, but it can be your own spot in the city. So, why is Baguio City called the Summer Capital of the Philippines? That's because the temperature is cool and it reminds you of a relaxing summer day.



IDIOMS GUIDE 2

I. What do the idioms probably mean? Try to guess the meaning by understanding the context of the article.

Idioms	Meaning and Sentences
Hive of activity	
Hustle and bustle	
Middle of nowhere	
Middle-of-the-road	
Red light district	

II. Answer the following speaking tasks. Use the idioms you have learned.

1. Name a city in your country that is a **hive of activity**. Elaborate.
2. What makes the **hustle and bustle** of your hometown?
3. Have you ever been in a place located in the **middle of nowhere**? Elaborate.
4. Describe a place you've been to that can be considered as **middle-of-the-road**.
5. Do you think **red light districts** are contributing to the overall growth of a city? Elaborate.

III. Write about your hometown. Make sure to use all of the idioms you learned in this unit.
